



# **NEW PROVIDENCE GREEN AND GOLD LEAGUE**

## **New Providence Green League 7U Rules**

*All Cal Ripken and NPGL rules apply to the 7u division with these exceptions:*

1. **INNINGS 1,2 and 5,6 will be COACH PITCH.** Coaches will pitch to their own team.
  - a. Each batter will get 5 coach pitches to hit the ball. The batter will be out after 3 swinging strikes or at the end of 5 pitches, whichever occurs first.
  - b. If the batter has not put the ball into play after 5 pitches it is an out.
  - c. If the batter fouls off the 5th pitch they will be given one more pitch to put the ball in play.
  - d. "PITCHERS HELPER" - A "pitcher's helper" will be played during coach pitch innings if roster size allows. The pitcher's helper is a player who is positioned to field balls hit "up the middle."
    - i. The Coach/pitcher should make all efforts not to interfere with the player or affect batted balls in any way.
    - ii. The pitcher's helper must stand within a 6-foot radius of, but no closer to home plate than, the coach pitching. The umpire shall enforce all safe distances at his/her discretion.
    - iii. The Coach/Pitcher must make an "honest effort" to catch balls thrown to him/her by any defensive player. If, in the Umpire's discretion, an honest effort is not given, the lead runner will be called out.
2. **INNINGS 3 and 4 will be PLAYER PITCH** (4 Balls and 3 Strikes).
  - a. NPGL pitch count rules apply.
3. **PITCHING DISTANCE REQUIREMENTS:**
  - a. PLAYER PITCH distance must be a minimum of 40 feet and a maximum of 46 feet.
  - b. COACH PITCH distance must be a minimum of 30 feet and a maximum of 46 feet.
4. **NO** new inning may start after 1 hour and 45 minutes from time of first pitch.
5. A **5-RUN MAXIMUM** per inning applies, with the exception of the last inning
  - a. The time limit of 1-hour 45 minutes always applies regardless of score.

- b. Tie games are allowed.
- 6. **NO** bunting
- 7. **NO** leading or stealing is permitted. Runners may only advance on a ball in play.
  - a. Each team will get one umpire's warning for a runner leaving early. All subsequent violations will be called as an out.
- 8. A batter hit by a **COACH pitch is not awarded first base**. It counts as a pitch.
- 9. A batter hit by a **PLAYER pitch is awarded first base**.
- 10. **NO** Infield Fly Rule
- 11. **NO** sliding into first base.
- 12. **ALL runners must slide feet first**. Head-first sliders will be called out.
- 13. Play is only stopped when the ball is returned to the pitcher (COACH or PLAYER) in the general area of the mound (Umpire discretion).
  - a. Runners in-between bases are awarded the next base on ball-back-to-pitcher throws if half-way or more to the next base.
- 14. **On OVERTHROW runners may only advance 1 base**, at their own risk.
- 15. When the catcher for the next inning is a baserunner, he/she must be replaced by the last batted out.
- 16. **ONLY ONE UMPIRE IS REQUIRED for 7U**.
  - a. - A second umpire is optional at the discretion of the team scheduling umpires for that game.
  - b. - During coach-pitch innings the umpire may work the bases. During player-pitch he/she will call balls/strikes.
- 17. **Regular baseballs** will be used in the 7U division. Safety baseball may be used only upon agreement of both coaches.
- 18. **Four** outfielders may be played, and roster batting applies as with other levels.
- 19. **NO PROTESTS** will be heard by NPGL for this division.
- 20. A pitching machine may be used for coach-pitch innings if agreed upon by both coaches.