



## **New Providence Green League 7u Rules**

**All Cal Ripken and NPGL rules apply to the 7u division with these exceptions:**

- 1. INNINGS 1,2 and 5,6 will be COACH PITCH. Coaches will pitch to their own team.**
  - Each batter will get 5 coach pitches to hit the ball. The batter will be out after 3 swinging strikes or at the end of 5 pitches, whichever occurs first.
  - If the batter has not put the ball into play after 5 pitches it is an out.
  - If the batter fouls off the 5<sup>th</sup> pitch they will be given one more pitch to put the ball in play.
  - **"PITCHERS HELPER"** - A "pitcher's helper" will be played during coach pitch innings if roster size allows. The pitcher's helper is a player who is positioned to field balls hit "up the middle."
    - The Coach/pitcher should make all efforts not to interfere with the player or affect batted balls in any way.
    - The pitcher's helper must stand within a 6-foot radius of, but no closer to home plate than, the coach pitching. The umpire shall enforce all safe distances at his/her discretion.
    - The Coach/Pitcher must make an "honest effort" to catch balls thrown to him/her by any defensive player. If, in the Umpire's discretion, an honest effort is not given, the lead runner will be called out.
- 2. INNINGS 3 and 4 will be PLAYER PITCH (4 Balls and 3 Strikes).**
  - NPGL pitch count rules apply.
- 3. PITCHING DISTANCE REQUIREMENTS:**
  - **PLAYER PITCH** distance must be a minimum of **40 feet** and a maximum of **46 feet**.
  - **COACH PITCH** distance must be a minimum of **30 feet** and a maximum of **46 feet**.
- 4. NO new inning may start after 1 hour and 45 minutes from time of first pitch.**
- 5. A 5-RUN MAXIMUM per inning applies, with the exception of the last inning.**
  - The time limit of 1-hour 45 minutes always applies regardless of score. Tie games are allowed.
- 6. NO bunting**

7. **NO leading or stealing is permitted. Runners may only advance on a ball in play.**
  - Each team will get one umpire's warning for a runner leaving early. All subsequent violations will be called as an out.
8. **A batter hit by a COACH pitch is not awarded first base. It counts as a pitch.**
9. **A batter hit by a PLAYER pitch is awarded first base.**
10. **NO Infield Fly Rule**
11. **NO sliding into first base.**
12. **ALL runners must slide feet first. Head-first sliders will be called out.**
13. **Play is only stopped when the ball is returned to the pitcher (COACH or PLAYER) in the *general area* of the mound (Umpire discretion).**
  - Runners in-between bases are awarded the next base on ball-back-to-pitcher throws if half-way or more to the next base.
14. **On OVERTHROW runners may only advance 1 base, at their own risk.**
15. **When the catcher for the next inning is a baserunner, he/she must be replaced by the last batted out.**
16. **ONLY ONE UMPIRE IS REQUIRED for 7U.**
  - A second umpire is optional at the discretion of the team scheduling umpires for that game.
  - During coach-pitch innings the umpire may work the bases. During player-pitch he/she will call balls/strikes.
17. **Regular baseballs will be used in the 7U division. Safety baseball may be used only upon agreement of both coaches.**
18. **Four outfielders may be played, and roster batting applies as with other levels.**
19. **NO PROTESTS will be heard by NPGL for this division.**
20. **A pitching machine may be used for coach-pitch innings if agreed upon by both coaches.**